

Fitness Area Reservations

Command: _____

Name of requestor: _____

Phone: _____

Email: _____

Request date(s): _____

Start time: _____

Finish time: _____

Capodichino Fit Zone Support Site Fitness Forum

Area/Court/Room: _____

Number of participants: _____

Additional information: _____

Guidelines

- Reservations are on a first-come, first-served basis.
- COVID-19 protocols are enforced.
- Basketball: Maximum 10 players (five vs. five)
- Group exercise: Maximum eight people
- Command PT: Maximum 18 Sailors (includes Command Fitness Leader and Assistant Command Fitness Leader)

Approved by: _____

Fitness Coordinator/Specialist

Date approved: _____

Complete form and e-mail it to **MWR_Fitness@eu.navy.mil**.
Once approved, you will receive confirmation via email.

If questions, please call 081 811-6611 / DSN 629-6611.