

MWR Gaeta Group Fitness Survey

MWR will soon resume group exercise classes outdoors.

- Choose which classes you are interested in and time-slots that are best for you!
- Please provide MWR with your feedback by sending an email to MWR_Gaeta@eu.navy.mil by May 13.

Classes

- ☐ High Impact
- ☐ Low Impact
- ☐ Yoga
- ☐ Family Fitness

Days

- ☐ Monday
- ☐ Tuesday
- ☐ Wednesday
- ☐ Thursday
- ☐ Friday

Times

- ☐ 7-8 a.m.
- ☐ 8-9 a.m.
- ☐ 11:30 a.m.-12:30 p.m.



Thank you
for your inputs.

