

YOUR *Virtual* FFSC WEBINAR SCHEDULE



We are all more organized in different areas of our life, but luckily FFSC has Subject Matter Experts that can provide you more tips and tricks to help tackle the areas that need improving.

How to register:

Step #1: Make a free account at MyNavyFamily.com (NMCI use <https://learning.zeiders.refineddata.com>) at least one day before the webinar. Follow the on-screen instructions to create a new account. Be sure to enter your time zone!!

Step #2: Click on “Live Webinars” at the top of the page to view the full list of offerings.

Step #3: Click on the title of a session to view the information and description.

Step #4: Click on “register now” to register for the course.

You will get reminder emails with your personalized link.

If you have any trouble, please write to learning@zeiders.com



June 2021

Deployment

Wednesday, June 16th

11:00 AM EST Maintaining Healthy Relationships During Deployment

Emergency Management

Thursday, June 10th

1:00 PM EST Ready Navy

Employment

Tuesday, June 1st

1:00 PM EST Interview Skills

Wednesday, June 2nd

9:00 AM EST Interview Techniques

10:00 AM EST USAJobs 2021

1:00 PM EST Fundamentals of Resume Writing

Tuesday, June 15th

1:00 PM EST Interviewing: Your Best First Impression

1:00 PM EST Fundamentals of LinkedIn

Wednesday, June 16th

1:00 PM EST LinkedIn 101

Thursday, June 17th

1:00 PM EST Effective Resume Writing

Tuesday, June 22nd

9:00 AM EST Federal Employment System

Wednesday, June 23rd

1:00 PM EST Preparing to Attend a Virtual Career Fair

1:00 PM EST Acing the Interview

Thursday, June 24th

1:00 PM EST Fundamentals of Interviewing

Finances

Monday, June 7th

12:00 PM EST Car Buying and Leasing Strategies

Tuesday, June 8th

12:00 PM EST Becoming a TSP Millionaire

3:00 PM EST Teens and Money

Wednesday, June 9th

12:00 PM EST Thrift Savings Plan: Are You Preparing for Retirement?

Friday, June 11th

2:00 PM EST Family Financial Planning

Wednesday, June 16th

10:00 AM EST How Do I Find a Financial Professional I Can Trust?

Tuesday, June 22nd

10:00 AM EST Mortgages 101

10:00 AM EST Financial Responsibility in the Military

Wednesday, June 23rd

12:00 PM EST Your Insurance Needs

Life Skills

Tuesday, June 1st

9:00 AM EST Resiliency: Learn to Adapt Well in the Face of Adversity and Significant Sources of Stress

5:00 PM EST Mind Body Mental Fitness (MBMF) Part 3: Living Core Values

Wednesday, June 2nd

9:00 AM EST Simple Life

1:00 PM EST Words Matter

Tuesday, June 8th

12:00 PM EST Resiliency: Learn to Adapt Well in the Face of Adversity and Significant Sources of Stress

2:00 PM EST Anger Management

5:00 PM EST Mind Body Mental Fitness (MBMF) Part 4: Flexibility

Wednesday, June 9th

9:00 AM EST Stress Management

Thursday, June 10th

11:00 AM EST How to Have a Difficult Conversations

Friday, June 11th

2:00 PM EST Hurricane Season

Tuesday, June 15th

10:00 AM EST Stress Management

12:00 PM EST Caring for Aging Parents

5:00 PM EST Mind Body Mental Fitness (MBMF) Part 5: Problem Solving

Thursday, June 17th

11:00 AM EST Build Your Bounce: Resiliency in Challenging Times

Monday, June 21st

12:30 PM EST Maintaining Respect in the Workplace

Tuesday, June 22nd

2:00 PM EST Got Stress?

5:00 PM EST Mind Body Mental Fitness (MBMF) Part 6: Connection

Wednesday, June 23rd

1:00 PM EST Conflict Resolution

Monday, June 28th

10:30 AM EST Organize Your Life

Tuesday, June 29th

9:00 AM EST Mind Body Mental Fitness (MBMF) Part 1: Stress Resilience

Parenting

Wednesday, June 2nd

1:00 PM EST New Parent Support: Newly Pregnant?

1:00 PM EST What About the Kids?

Wednesday, June 9th

12:00 PM EST Understanding Your Toddler's Development

Thursday, June 10th

10:00 AM EST Effective Parenting

Thursday, June 17th

2:00 PM EST Baby Boot Camp

2:00 PM EST Parenting During Life's Ups and Downs

4:00 PM EST NRH Bringing Home Baby

Relocation

Tuesday, June 8th

1:00 PM EST Completing a Household Goods Move Application

Thursday, June 10th

12:00 PM EST Now I'm the Landlord

Transition

Wednesday, June 16th

3:00 PM EST Life After the Uniform: The Resilient Spouse