

YOUR *Virtual* FFSC WEBINAR SCHEDULE



We are all more organized in different areas of our life, but luckily FFSC has Subject Matter Experts that can provide you more tips and tricks to help tackle the areas that need improving.

How to register:

Step #1: Make a free account at MyNavyFamily.com (NMCI use <https://learning.zeiders.refineddata.com>) at least one day before the webinar. Follow the on-screen instructions to create a new account. Be sure to enter your time zone!!

Step #2: Click on “Live Webinars” at the top of the page to view the full list of offerings.

Step #3: Click on the title of a session to view the information and description.

Step #4: Click on “register now” to register for the course.

You will get reminder emails with your personalized link.
If you have any trouble, please write to learning@zeiders.com



Employment

Tuesday, August 10th

10:00 AM EST LinkedIn: Endorsements and Recommendations

Wednesday, August 11th

12:00 PM EST Leadership Strategies: Informal Resolution

2:00 PM EST Resume Writing

Thursday, August 12th

10:00 AM EST USAJobs 2021

Friday, August 13th

9:00 AM EST Leadership Strategies: Informal Resolution

Tuesday, August 17th

9:00 AM EST Federal Employment System

Wednesday, August 18th

9:00 AM EST Career Planning

Thursday, August 19th

1:00 PM EST Job Search Strategies

Tuesday, August 24th

11:00 AM EST Effective Resume Writing

1:00 PM EST Fundamentals of Interviewing

1:30 PM EST Salary Negotiations

Wednesday, August 25th

10:00 AM EST Leadership Strategies: Informal Resolution

Tuesday, August 31st

11:00 AM EST Interview Techniques

Finances

Wednesday, August 4th

3:00 PM EST Car Buying Strategies

Tuesday, August 10th

10:00 AM EST Family Financial Planning

Friday, August 13th

10:00 AM EST Credit Repair Clinic

Thursday, August 19th

11:00 AM EST Back to School: Credit Management 101

Life Skills

Tuesday, August 3rd

9:00 AM EST Mind Body Mental Fitness (MBMF)

Part 6: Connection

Tuesday, August 10th

9:00 AM EST Sponsor Training

10:00 AM EST Understanding Anger

11:00 AM EST Mind Body Mental Fitness (MBMF)

Part 1: Stress Resilience

Wednesday, August 11th

1:00 PM EST Effective Communication

1:00 PM EST How to Have Difficult Conversations

Thursday, August 12th

1:00 PM EST Conflict Resolution: Skills for Personal and

Professional Lifestyles

Tuesday, August 17th

10:00 AM EST Stress Management

11:00 AM EST Mind Body Mental Fitness (MBMF)

Part 2: Mindfulness and Meditation

Thursday, August 19th

11:00 AM EST Build Your Bounce: Resiliency in Challenging Times

Friday, August 20th

10:00 AM EST Scam Alert!

Tuesday, August 24th

11:00 AM EST Mind Body Mental Fitness (MBMF)

Part 3: Living Core Values

Wednesday, August 25th

2:00 PM EST Suicide Awareness

Tuesday, August 31st

11:00 AM EST Mind Body Mental Fitness (MBMF)

Part 4: Flexibility

Parenting

Wednesday, August 4th

2:00 PM EST Preparing to Breastfeed

Wednesday, August 18th

2:00 PM EST ABC's of Baby Safe Sleep

Thursday, August 19th

1:00 PM EST What About the Kids?

Monday, August 23rd

5:00 PM EST Parenting Teens