

# AUGUST Liberty Trips

For E1-E6 single and unaccompanied service members



## SAQ Boating 101

Saturday, Aug. 3

8:30 a.m.-4:30 p.m.

\$10 per person

Receive instructional hands on-training while in the harbor, motoring out on the water and anchored around the islands of Ischia and Procida. Enjoy swim spots and soak up the sun while you are learning to boat.

Pack sunscreen, a towel, your camera and snacks/drinks.

**Register by Aug. 1**



All trips leave from the parking lot of the Naval Hospital BEQ (Bldg. 2087), unless otherwise stated. Lunch and incidentals are at your own expense.

## Upcoming Extended Trip

Hunt for the Aurora Borealis in...

# FINLAND

Thursday-Sunday, Jan. 16-19

*Experience the best of Finland's winter fun. Each activity is led by a professional guide and includes transportation. Activities available are snowmobiling, ice fishing and dog sledding. Hunt for the Aurora Borealis and get guidance from a professional photographer (Northern Lights are weather dependent and cannot be guaranteed).*

**\$2,000** per person  
based on double occupancy

### Includes:

- Round-trip transportation to/from airports
- Round-trip airfare to/from Finland
- Transfers in Finland
- Three-night accommodations at Aurora cabins with partial glass-top roof to view the northern skies
- All breakfasts and dinners
- Three-hour nighttime Aurora Camp by Lake Inari with drinks and snacks
- Appropriate cold-weather clothing
- Liberty trip leader

**\$100 deposit due at registration.**  
**Payment Plans accepted.**

NOTE: Deposit is non-refundable. Refunds only permitted if Liberty cancels the trip or if the spot can be filled at least three months before the trip departure date. If the spot cannot be filled, participant must pay the entire balance at the time of cancellation.



To register for these trips, stop by the Capodichino or Support Site Center. Registration deadline is the day before the trip unless otherwise stated. Trips are open to guests of Sailors and junior officers on a case-by-case basis.

For more information, call  
Capodichino Center 081-568-4896 DSN 626-4896  
Support Site 081-811-4705 or DSN 629-4705  
[mwrnaples\\_liberty@eu.navy.mil](mailto:mwrnaples_liberty@eu.navy.mil)

Stay connected with MWR 24/7

[www.navymwrnaples.com](http://www.navymwrnaples.com)



[www.facebook.com/libertynaples](https://www.facebook.com/libertynaples)





# FREE AUGUST Happenings at Liberty

For E1-E6 single and unaccompanied service members



## Cooking Classes

Wednesday, Aug. 7 and 21 • 5:30-7:30 p.m.

[Liberty Recreation Room, Support Site](#)

Learn how to cook a different meal each class. After cooking, enjoy the fruits of your labor with a delicious dinner!



## Breakfast at the Bus Stop

Thursday, Aug. 8 • Starts at 6:30 a.m.

[Triangle bus stops, Support Site](#)

Power up your day with Liberty and Health Promotions! Grab your breakfast to go, while supplies last.



HEALTH PROMOTIONS  
NAPLES, ITALY

## National Happiness Day

Tuesday, Aug. 13 • 6-8 p.m.

[Liberty Recreation Room, Support Site](#)

Don't worry, be happy! And what's a better way to celebrate the day than a free bowl of ice cream!



## Pawsday

Thursday, Aug. 22 • 6-8 p.m.

[Liberty Recreation Room, Support Site](#)

Monday have you stressed out? Stop by for a free lunch and relax! While supplies last.



## Breakfast at the Barracks

Thursday, Aug. 22 • starts at 6:30 a.m.

[BEQ, Support Site](#)

Power up your day with Liberty and Health Promotions! Grab your breakfast to go, while supplies last!



HEALTH PROMOTIONS  
NAPLES, ITALY



## Manic Monday Lunch

Monday, Aug. 26 • 11 a.m.-2 p.m.

[Liberty Center, Capodichino](#)

Bring your chair or blanket and enjoy a free outdoor movie. Liberty Facebook page will post the movie title the week before the event.



**For other exciting Liberty events,  
stay connected with MWR 24/7**

[www.navymwrnaples.com](http://www.navymwrnaples.com)

[www.facebook.com/libertynaples](https://www.facebook.com/libertynaples)

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