

AUGUST

FLEET AND FAMILY SUPPORT CENTER

Classes are held at the Fleet and Family Support Center, Bldg. 2072B, Support Site, unless otherwise stated.

AREA ORIENTATION

Area Orientation (mandatory for newcomers)

Aug. 5 and 6, Aug. 26 and 27

Wednesday, 7:45 a.m.-2 p.m.

Thursday, 7:45 a.m.-3 p.m.

Reel Times 2 Cinema, Support Site

Cultural Assimilation Trips to Downtown Naples

Friday, Aug. 7 and 28 | 7:45 a.m.-2:30 p.m.

Cultural Assimilation Overflow Trip (if needed)

Monday, Aug. 31 | 7:45 a.m.-2:30 p.m.

LIFE SKILLS

Resilience Reset

Wednesday, Aug. 5 | 12:30-1:30 p.m.

**Mind Body Mental Fitness:
Stress Resilience**

Friday, Aug. 21 | 12:30-1:30 p.m.

**Mind Body Mental Fitness:
Mindfulness and Meditation**

Friday, Aug. 28 | 12:30-1:30 p.m.



SEXUAL ASSAULT PREVENTION AND RESPONSE (SAPR)

SAPR trainings are subject to change.

Command Duty Officer/Watch Stander Training

Tuesday, Aug. 4 | Noon-2 p.m.

Capodichino FFR Conference Room

Victim Advocate Refresher Training

Thursday, Aug. 13 | Noon-2 p.m.

**Administrative Uniformed Victim Advocate
Training**

Thursday, Aug. 27 | Noon-2 p.m.

FAMILY READINESS

**Command Ombudsman
Advanced Training**

Tuesday, Aug. 18 | 5-5:25 p.m.

Reel Times 2 Cinema, Support Site

Ombudsman Assembly

Tuesday, Aug. 18 | 5:30-6:30 p.m.

Reel Times 2 Cinema, Support Site

Ombudsman Basic Training

Monday-Wednesday, Aug. 24-26

8:30 a.m.-3:30 p.m.



INTERCULTURAL RELATIONS

Seminar and Trip: House Cleaning

Monday, Aug. 3 | 9 a.m.-2:30 p.m.

Intermediate Italian at Lunch Time

Thursday, Aug. 6 | 11 a.m.-12:30 p.m.

Capodichino FFR Conference Room

Intermediate Italian

Tuesday, Aug. 11 | 10:30 a.m.-Noon

Naples' Traditions and Superstitions

Wednesday, Aug. 12 | 10:30-11:30 a.m.

Italian at Lunch Time (Basic Italian for beginners)

Monday, Aug. 24 and 31 | 11 a.m.-12:30 p.m.

Capodichino FFR Conference Room

Advanced Italian

Tuesday, Aug. 25 | 10:30 a.m.-Noon



PERSONAL FINANCIAL MANAGEMENT

Casa Napoli: Home Rental Information Session

Tuesday, Aug. 18 | 10-11 a.m.

DriveWise: Car Buying Information Session

Thursday, Aug. 20 | 10-11 a.m.



FAMILY EMPLOYMENT READINESS PROGRAM (FERP)

Resume Essentials*

Wednesday, Aug. 12 | 8 a.m.-12:30 p.m.



TRANSITION ASSISTANCE PROGRAM

Must be registered by Command Career Counselor

Pre-Separation Workshops

Monday-Wednesday, Aug. 3-5 | 8 a.m.-4 p.m.

FFSC, Support Site

Monday-Wednesday, Aug. 24-26 | 8 a.m.-4 p.m.

Galley, U.S. Naval Hospital, Naples

**Department of Labor
Employment Workshop (DOLEW)**

Thursday and Friday, Aug. 6 and 7 | 8 a.m.-4 p.m.

Thursday and Friday, Aug. 27 and 28 | 8 a.m.-4 p.m.

**Department of Labor
Vocational Workshop (C2E)**

Monday and Tuesday, Aug. 10 and 11 | 8 a.m.-4 p.m.

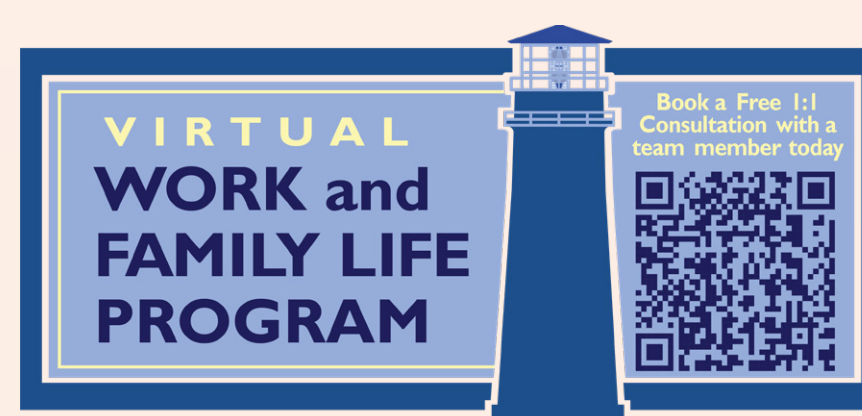
Capstone Event

Wednesday, Aug. 12 | 1-4 p.m.

VIRTUAL WORK AND FAMILY LIFE PROGRAMS

Visit mynavyfamily.com to create an account and access virtual classes and online resources.

Scan the QR code below to book a 1:1 consultation with a team member.



To register for a class:

- Call 081-811-6372 | DSN 629-6372
- Email NSANaplesFFSC@us.navy.mil and include the class title, your name, email address, phone number, sponsor's rank and command

