

FLEET AND FAMILY SUPPORT CENTER NSA NAPLES



JANUARY 2024 CLASS SCHEDULE

AREA ORIENTATION (AO)

Base Area Orientation (Mandatory for Newcomers)

Day 1 & 2 AO Support Site Theater

Day 3 Cultural Assimilation Trip to Downtown Naples

Day 3 Cultural Assimilation Trip to Downtown Naples (all ages)

DATE

Jan. 3-4, 17-18, 31- Feb 1

Wed: 1200-1630 Thur: 0800-1630

Friday: Jan. 5, 19 Feb 2 0800-1430

Mon: Jan. 29 0800-1400

TIME

INTERCULTURAL RELATIONS (ICR)

Intermediate/ Advance Italian @SS

Jan. 4, 18

1100-1230

Easy Italian (Italian language for Beginners @ SS)

Jan. 9, 16, 23

1030-1230

Coffee Factory Trip

Jan. 11

0930-1430

RELOCATION

Sponsorship Training In-Person @ SS Theater

Jan. 25

0900-1200

LIFE SKILLS

Mind Body Mental Skills Modules (See Flyer for details)

Jan. 3, 9, 16, 24

1000-1200

Coupon Party

Jan. 3

1300-1400

Time Management and Goal Setting

Jan. 10

1100-1300

Resiliency and Stress Management

Jan. 25

1300-1500

FAMILY READINESS PROGRAM

Ombudsman Assembly Meeting

Jan. 16

1700-1830

Active Duty Volunteer Connection Program Orientation* (Virtual)

Jan. 17

1100-1130

Red Cross Volunteer Orientation* (Virtual)

Jan. 23

1130-1200

TRANSITION ASSISTANCE PROGRAM

Transition Assistance Program (TAP) Capstone Event

Jan. 9

1300-1600

Transition Track: Managing Your (MY) Education

Jan. 17-18

0800-1400

Transition Assistance Program (TAP) Pre-Separation Workshop

Jan. 22-24

0800-1600

(TAP) Department of Labor Employment Workshop (DOLEW)

Jan. 25-26

0800-1600

Transition Assistance Program(TAP) Retirement Workshop

Jan. 29-31

0800-1600

VA Overseas Military Services Coordinator Visit

Jan. 29-Feb 2

0800-1600

FAMILY EMPLOYMENT PROGRAM

USA Jobs 101 * (Virtual)

Jan. 2

1000-1200

Career Development

Jan. 2

1300-1400

Effective Resume Writing

Jan. 12

0900-1100

10 Steps to Federal Employment

Jan. 22

0900-1200

PERSONAL FINANCE

Understanding Your TSP* (Virtual)

Jan. 11

1300-1400

Demystifying Your Taxes* (Virtual)

Jan. 25

1300-1400

EXCEPTIONAL FAMILY MEMBER PROGRAM

EFMP POC Training* (Virtual)

Jan. 11

1100-1200

EFMP Resource Meeting* (Virtual)

Jan. 25

1100-1200

NEW PARENT SUPPORT

We're Pregnant!! What's next @ SS

Jan. 10

0930-1030

Love and Logic Parenting @ SS

Jan. 17

0930-1030

Period of Purple Crying @ SS

Jan. 24

0930-1030

Toddler Development @ SS

Jan. 31

0930-1030

For New Parent Support classes on Capo please see separate flyer for more information.

To register, call or email FFSC: 081.811.6372, DSN 629.6372, NSANaplesFFSC@us.navy.mil

Visit @NaplesFFSC on Facebook for more information.

Classes are in-person except where noted with an * (Virtual)