FLEET AND FAMILY SUPPORT CENTER NSA NAPLES

INSA INAPLES			
	INTERCULTURAL RELATIONS	DATE	TIME
	Caserta Cultural Trip	August 4	0900-1500
	Base Area Orientation Trip to Downtown Naples	August 12, 26	0800-1430
	Base Area Orientation Trip to Downtown Naples for All Ages	August 29	0800-1430
	RELOCATION		
	Sponsorship Training	August 2	1000-1130
	Smooth Move	August 10	0830-1230
	FAMILY READINESS PROGRAM		
	Ombudsman Assembly Meeting	August 16	1700-1800
	Deployment Brief	August 18	1400-1430
	TRANSITION ASSISTANCE PROGRAM		
	TAP Transition Track: Managing Your (MY) Education	August 1-2	0800-1400
	Transition Assistance (TAP) Capstone Event	August 3	1300-1530
	Veterans Affairs (VA) Vet Centers*	August 9	1300-1400
	Pre-Separation Workshop (TAP)	August 15-17	0800-1600
	Department of Labor Employment Workshop (DOLEW)	August 18-19	0800-1600
	TAP Entrepreneurship Transition Track: Boots to Business	August 29-30	0800-1600
	FAMILY EMPLOYMENT PROGRAM		
	Networking: Job Search	August 2	1000-1130
	Interview Skills and Attire*	August 9	1000-1200
	Back to Basics Resumes	August 18	0830-1000
	USA Jobs 101*	August 24	1000-1130
	Volunteer Orientation with American Red Cross*	August 30	1130-1215
	PERSONAL FINANCE		
	CFS Refresher*	August 11	0800-1600
	CFS Forum*	August 11	1000-1100
	NEW PARENT SUPPORT		
	Meaningful Connections/Parent Support Group	August 5	1000-1200
	Cooking to Thrive: Healthy Eating and Recipes	August 9	1000-1200
	Moving to Thrive: Physical Activity and Playtime	August 16	1000-1200
	Breastfeeding Support	August 19	1000-1200
	Breathe to Thrive: Mindful Strategies for You and Your Child	August 23	1000-1200
	Open Play Group and Parent Meet Up 0-4 years old	August 25	1000-1200
	Resources to Thrive: Overview of Online Family Support Options	August 30	1000-1200











Visit @NaplesFFSC on Facebook for class descriptions.

To register, call or email FFSC: 081.811.6372,
DSN 629.6372, FFSCNSANaplesItaly@eu.navy.mil
Classes are in-person except where noted with an *