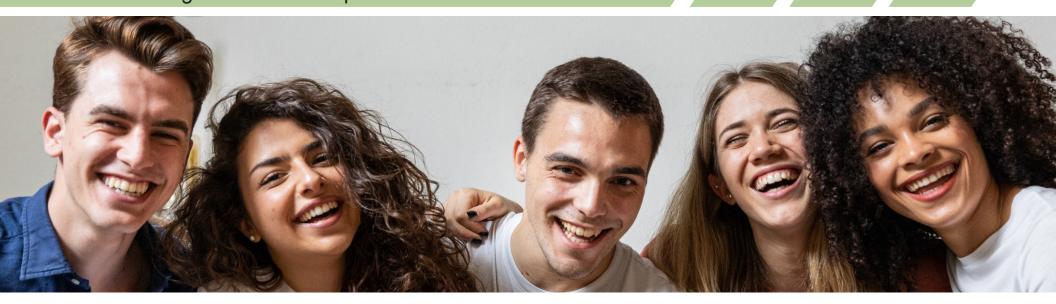
JULY Liberty Activities

For E1-E6 single and unaccompanied service members



Your off-duty connection to fun and recreation



Poseidon Gardens Thermal Park Saturday, July 9

7:30 a.m.-8 p.m.

Relax and enjoy Poseidon Gardens on Ischia. It is the largest thermal park on the island with more than 20 pools overlooking the beautiful Bay of Citara and a private beach. €60 for ferry to Ischia, transportation to/from Poseidon and entrance into the spa. Bring euro for food and beverages.



Snorkeling in Baia Saturday, July 23

9:30 a.m.-4 p.m.

Experience the underwater ruins of Baia, the ancient underwater Roman city. Learn about the archeology of the city, then ride a boat to the site. A scuba diving guide will show you the magnificent ruins of the underwater. €27 for snorkeling. Bring euro for lunch.

Trips leave from Support Site Liberty BEQ Bldg. 2087 parking lot. \$5 transportation fee for each trip.

All events are at the Support Site Liberty Center unless specified.

Theme Movie Night: Superhero Thor Tuesday, July 5, 12, 19 and 26

5-8 p.m.

Watch your favorite Thor movies -- we have them all. Relax and review the trilogy before you have an opportunity to watch "Thor: Love and Thunder," scheduled for release in early July.

Lunch 'n Learn Italian Monday, July 11 and 25

Noon-1 p.m.

Bring your lunch to the Liberty Center and have a conversation in Italian with Liberty Local National employees. Learn the language while enjoying your lunch.

Outreach at the Triangle Intercultural Class Wednesday, July 13 and 27

5-7:30 p.m.

Bldg. 2038, Apt. 2, Support Site

Learn some basic Italian and about the culture of Italy. Also, hear about upcoming trips, events and programs. Free snacks and soda.

Slip 'n Slide® Bowling

Friday, July 15

5:30-7:30 p.m.

BEQ Grounds

Beat the heat and join Liberty for some wacky, wet and wild summertime fun with life-size bowling on the Slip 'n Slide.®

Barracks Bash: IRONMAN® Triathlon Wednesday, July 20

5:30-7:30 p.m.

BEQ Grounds

Compete to become the first Liberty IRONMAN®! Challenge other single Sailors in this fun triathlon:

- Ride tricycle from barracks to Support Site pool (spectators can try to delay racers with water guns and throwing water balloons at tricyclists).
- Swim two laps in the Support Site pool.
- Run from pool to the BEQ (spectators can try to delay racers with water guns and throwing water balloons at runners.)

Hear your name called as you cross the finish line and become the Liberty IRONMAN®! Participants must register at Liberty Center by Monday, July 18.

Pop Up Liberty: Water Fight Thursday, July 21, BEQ Grounds

Thursday, July 28, Triangle

5-7 p.m.

Have fun getting your friends soaked and try to stay the driest! Liberty will provide the water guns and water balloons. Learn about Liberty's upcoming trips, events and programs.

Pop Up Liberty: Watermelon eating contest Thursday, July 28

5-7 p.m.

BEQ Grounds, Support Site

Enjoy music, lawn games and watermelon. Let's see how fast you can eat a big slice of watermelon. Learn about Liberty's upcoming trips, events and programs.



