December

FLEET AND FAMILY SUPPORT CENTER

Classes are held at the Fleet and Family Support Center, Bldg. 2072B, Support Site, unless otherwise stated.

AREA ORIENTATION

Area Orientation (Mandatory for Newcomers)
Dec. 2 and 3, Dec. 16 and 17
Wednesday, 7:45 a.m.-2 p.m.
Thursday, 7:45 a.m.-3 p.m.
Reel Times 2 Cinema, Support Site

Cultural Assimilation Trips to Downtown Naples
Friday, Dec. 4 and 18 | 7:45 a.m.-2:30 p.m.



NEW PARENT SUPPORT HOME VISITATION PROGRAM

Postpartum Support Group
In partnership with Navy-Marine Corps Relief Society
Wednesday, Dec. 2 and 16 | 10-11:30 a.m.
Family Housing Community Center, Support Site

EXCEPTIONAL FAMILY MEMBER PROGRAM (EFMP)

Surviving the Holidays*
Tuesday, Dec. 1 | 6-7 p.m.

Mindful Movement Family Class
In partnership with American Red Cross
Wednesday, Dec. 2 | 3-4 p.m.
Family Housing Community Center, Support Site

Initial EFMP Command Point of Contact Training*
Thursday, Dec. 3 | 11-11:30 a.m.

New Leader Brief*
Friday, Dec. 4 | 9:30-10 a.m.



FAMILY READINESS

Command Ombudsman Advanced Training
Tuesday, Dec. 15 | 5-5:25 p.m.
Reel Times 2 Cinema, Support Site

Ombudsman Assembly
Tuesday, Dec. 15 | 5:30-6:30 p.m.
Reel Times 2 Cinema, Support Site

Deployment Support: Know Before You Go*
Thursday, Dec. 10 | 11 a.m.-12 p.m.

INTERCULTURAL RELATIONS

Intermediate Italian at Lunch Time
Tuesday, Dec. 1 | 11 a.m.-12:30 p.m.
Capodichino FFR Conference Room

Easy Italian (Beginners)
Tuesday, Dec. 1, 15 and 22 | 10:30 a.m.-12:30 p.m.

Intercultural Relations Seminar: Christmas Traditions and Tombola Game
Wednesday, Dec. 9 | 10 a.m.-1 p.m.

PERSONAL FINANCIAL MANAGEMENT

How to Financially Survive the Holidays
Wednesday, Dec. 2 | 10-11 a.m.

Investing in Your Thrift Savings Plan (TSP)
Wednesday, Dec. 9 | 10-11 a.m.

LIFE SKILLS

Santa's Stress Busters
Thursday, Dec. 3 | 1:30-2:15 p.m.
FFSC, Support Site
Wednesday, Dec. 9 | 12-12:45 p.m.
Capodichino FFR Conference Room

The Power of Connection: Building Support Systems
Wednesday, Dec. 16 | 10-11 a.m.



SEXUAL ASSAULT PREVENTION AND RESPONSE (SAPR)

Command Duty Officer/Watchstander Training
Thursday, Dec. 3 | 12-2 p.m.
Capodichino FFR Conference Room

Administrative Uniformed Victim Advocate (AUVA) Training
Thursday, Dec. 10 | 12-2 p.m.

Victim Advocate Refresher Training
Wednesday, Dec. 16 | 12-2 p.m.
Capodichino FFR Conference Room

*Virtual class

INTERCULTURAL RELATIONS

Italian at Lunch Time (Basic Italian for beginners)
Monday, Dec. 14 and 21 | 11 a.m.-12:30 p.m.
Capodichino FFR Conference Room

Intercultural Relations Trip: Christmas Sweets Tasting
Thursday, Dec. 17 | 9:30 a.m.-12 p.m.



RELOCATION

Smooth Move
Thursday, Dec. 10 | 9 a.m.-12 p.m.



TRANSITION ASSISTANCE PROGRAM (TAP)

**Must be registered for workshops by Command Career Counselor.*

Pre-Separation Workshop
Monday-Wednesday, Dec. 7-9 | 8 a.m.-4 p.m.

Department of Labor Employment Workshop (DOLEW)
Thursday and Friday, Dec. 10 and 11 | 8 a.m.-4 p.m.

Capstone Event
Thursday, Dec. 17 | 9 a.m.-12 p.m.

VIRTUAL WORK AND FAMILY LIFE PROGRAMS

Visit **mynavyfamily.com** to create an account and access virtual classes and online resources.

Scan the QR code below to book a 1:1 consultation with a team member.



To register for a class:
- Call 081-811-6372 | DSN 629-6372
- Email **NSANaplesFFSC@us.navy.mil** and include the class title, your name, email address, phone number, sponsor's rank and command.

NSA 1951 - 2026 NAPLES 75th Anniversary

NSA Naples FLEET & FAMILY SUPPORT CENTER