Support Site Fitness Center

Dance Classes
Summer Sessions

Ballet
Ballet allows your child to build motor skills, grace and confidence. Children learn basic ballet movements and terminology through ever-changing and interactive class sessions.

Tuesday
2-3 p.m. 2-4 years old
3-4 p.m. 5-6 years old
4-5 p.m. 7-9 years old
5-6 p.m. 10-17 years old

Modern Dance/Hip-hop
Modern Dance/Hip-hop is a fun and energetic way to improve physical fitness, posture, balance and coordination. Classes encourage kids to learn proper dance technique and develop rhythm and movement.

Thursday
2-3 p.m. 2-4 years old
3-4 p.m. 5-6 years old
4-5 p.m. 7-9 years old
5-6 p.m. 10-17 years old

Registration begins May 15 • Classes June 1 - Aug. 31
$60 per month, one class per week.

The two classes per-week schedule will return in September.

Click on NSA Naples fitness classes.

Maximum 20 dancers per class.
For more information, call 081-811-6721 / DSN 629-6721.