

Support Site Fitness Center

Dance Classes

Fall Sessions

Ballet

Ballet allows your child to build motor skills, grace and confidence. Children learn basic ballet movements and terminology through ever-changing and interactive class sessions

Tuesday

3-4 p.m. 3-6 years old

4-5 p.m. 7-9 years old

5-6 p.m. 10-17 years old

Friday

4-5 p.m. 3-7 years old

5-6 p.m. 10-17 years old



Modern Dance/Hip-hop

Modern Dance/Hip-hop is a fun and energetic way to improve physical fitness, posture, balance and coordination. Classes encourage kids to learn proper dance technique and develop rhythm and movement.

Monday or Thursday

3-4 p.m. 3-6 years old

4-5 p.m. 7-9 years old

5-6 p.m. 10-17 years old



Classes Begin Sept. 1 • Classes are one-month sessions. (No class on U.S. holiday.)

\$60 per month, one class per week

\$75 per month, two classes per week.

Registration opens the 15th of each month for the next session.

Register at <https://myffr.navyaims.com> >>



Maximum 20 dancers per class.
For more information, call 081-811-6721 / DSN 629-6721.

