

# FLEET AND FAMILY SUPPORT CENTER NSA NAPLES



**MAY 2023 CLASS SCHEDULE**

## AREA ORIENTATION (AO)

Base Area Orientation (Mandatory for Newcomers)

Day 1 & 2 AO Support Site Theater

Day 3 Cultural Assimilation Trip to Downtown Naples

Day 3 Cultural Assimilation Trip to Downtown Naples(All Ages)

## DATE

May 10-12, 24-26

Wed: 1200-1630 Thurs: 0800-1630

Fri: May 12, 26

0800-1430

Wed: May 31

0800-1430

## INTERCULTURAL RELATIONS (ICR)

★ New Trip/New Class

Driving in Italy Seminar (FFSC SS)

May 3

1000-1130

Italian Language Lessons (FFSC SS)

May 9, 16, 23

1000-1200

Museum and Shopping in Vomero (Mil Spouse Appreciation Trip)

May 19



0800-1430

## LIFE SKILLS

Military Spouse 101 Workshop (FFSC SS)

May 10

1000-1100

Introduction to Mind/Body Skills (CAPO)

May 11

1100-1200

Introduction to Mind/Body Skills (FFSC SS)

May 17

1000-1100

Using Mind/Body Skills (FFSC SS)

May 24

1000-1100

Using Mind/Body Skills (CAPO)

May 25

1100-1200

## RELOCATION

Sponsorship Training (FFSC SS)

May 30

0900-1200

## FAMILY READINESS PROGRAM

Ombudsman Assembly Meeting

May 16

1700-1800

Volunteer Orientation with American Red Cross\*

May 30

1130-1215

FFSC Active Duty Volunteer Connection Program Orientation\*

May 30

1300-1400

Deployment Brief\*

May 31

1300-1400

## TRANSITION ASSISTANCE PROGRAM

Pre-Retirement Workshop (TAP)

May 1-3

0800-1600

Department of Labor Employment Workshop (DOLEW)

May 4-5

0800-1600

Entrepreneurship Transition Track: Boots to Business (TAP)

May 8-9

0800-1600

Pre-Separation (TAP)

May 15-17

0800-1600

Department of Labor Employment Workshop (DOLEW)

May 18-19

0800-1600

Capstone Event (TAP)

May 23

0900-1200

TAP Transition Track: Managing Your (My Education)

May 24-25

0800-1400

## FAMILY EMPLOYMENT PROGRAM

Back to Basics Resume\*

May 4

1000-1200

USA Jobs 101

May 23

1300-1500

## PERSONAL FINANCE

Understanding Your TSP\*

May 4

1300-1430

Developing Your Spending Plan

May 18

1300-1430

## EXCEPTIONAL FAMILY MEMBER PROGRAM

EFMP Installation POC and Resources Meeting

May 16

1300-1400

EFMP POC Training\*

May 31

1000-1200



SAPR Victim Advocate Helpline

FFSC MWR Naples

FFSC NaplesFacebook

To register, call or email FFSC: 081.811.6372, DSN 629.6372, NSANaplesFFSC@us.navy.mil

Visit @NaplesFFSC on Facebook for more information. Classes are in-person except where noted with an \*



Military Spouse Appreciation Day is May 12

