

Swim Lessons for active duty military

January-April
Fit Zone Pool, Capodichino

Active-duty military: Get a free 30-minute private swim lesson with a qualified swim instructor. Learn the basics or improve your swim strokes. In addition to the lesson, the instructor will provide drills, workouts and tips to use to further improve your swimming skills.

To register for the lesson, email nsanaplesaquatics@us.navy.mil.
An instructor will contact you to schedule the lesson.

