

MAY

activities

Events are held at the Fleet Recreation Center unless specified.

MAY IS...

NATIONAL PHYSICAL FITNESS AND SPORTS MONTH

Spring into fitness and join the MWR staff at the Fleet Landing Outdoor Sports Court each Thursday for a new sport or program:

May 7 • 3:30 p.m. • Dodgeball Challenge

May 14 • 3:30 p.m. • Badminton and Frisbee

May 21 • 9 a.m. • Power Walk: Register at the MWR Customer Service Desk by May 19. Minimum four people required.

May 28 • 3:30 p.m. • Basketball

Functional Exercise and Beyond

Thursday, May 7, 14 and 28

9 a.m., Fitness Center

Gather your friends for this free group exercise.

Off-Base Group Exercise classes

Hotel Serapo

A variety of classes including Zumba®, pilates, aerobics, step and tone, Life Pump® and yoga are offered. Register and make payments for classes with a reduced fee at the MWR Customer Service Desk.

Lap Swim

Hotel Serapo pool

MWR offers reduced swim tickets for the indoor pool at the nearby hotel. Purchase your tickets at the MWR Customer Service Desk.

Tickets are non-refundable and must be used by May 30.

National Photography Month

May 1-30

You don't have to wait for a vacation or special event to take your photo! Enter one of your favorite photos in the MWR Photo Contest. Email your photo to: NaplesMWR_Gaeta@us.navy.mil by noon, May 30. Include the photographer's name, age and command. **The most original photos submitted by an adult and child photographer will receive prizes!**

May the Fourth be with You

Monday, May 4

Watch a Star Wars movie on the large screen in the center. Movies provided by Navy Motion Picture Service.

Italian Made Easy

Monday, May 4, 11 and 18

10 a.m.

€15
Join the adult group to learn the language of our host country. Register by noon, April 30. Minimum three people for lesson to proceed. For more information and to register, contact the MWR Customer Service Desk. Private adult and children lessons are available on request.

Children's Book Week

May 4-9

Check out the selection of children's books at the center. This year's theme is "Books: Get Curious." The program is in conjunction with Naples MWR Libraries.



Come and Play

Wednesday, May 6, 13, 20 and 27

10 a.m.-Noon

Olde Mill Inn

This is a parent-driven program where your child, infant, toddler and school age child can play, learn and grow with their peers.

COME
AND
PLAY

Crafts and Tea

Thursday, May 7

Begins at 10:30 a.m.

\$2 for craft

Come by for tea and make a lovely craft!

Reserve a ceramic craft, which is available while supplies last.

Food and Wine Tasting*

Thursday, May 14

11 a.m. (Meet at Fleet Recreation Center)

Don't miss this special food and wine tasting experience at Casa Giò. Experience the chef's innovative refined Italian cuisine, which is perfectly paired with a curated selection of fine wines. Register by May 12 at the MWR Customer Service Desk. Minimum eight people required. Also, MWR can coordinate other dates. Must reserve three business days in advance.

*Must be at least 18 years old to consume alcohol. Please drink responsibly.

MEMORIAL DAY WEEKEND ACTIVITIES

Make Your Own Pizza or Grill Your Own Meat

Thursday, May 21

Fleet Recreation Patio

Begins at 11 a.m.

Start the holiday early.

Wellness Spa

Friday, May 22

Here's a special gift for mothers! Gaeta MWR offers reduced rates at a local wellness spa on Serapo Beach. Services include sauna, Jacuzzi and massages. Make reservations at the MWR Customer Service Desk.

Gaeta Boat Ride

Monday, May 25

See Gaeta and the coastline from the sea on a one-hour boat ride. Register at the MWR Customer Service Desk by noon May 22. Eight people required.

Fishing Excursion

Learn the tricks of getting a great catch with a skipper/fishing instructor in the Gulf of Gaeta. Call to register in advance at the MWR Customer Service Desk.

Create a trip, reserve a picnic pavilion and get program updates at the MWR Customer Service Desk.

Call 081-568-8357 / DSN 626-8357 or email NaplesMWR_Gaeta@us.navy.mil.

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