



FLEET AND FAMILY SUPPORT CENTER

Classes are held at the Fleet and Family Support Center, Bldg. 2072B, Support Site, unless otherwise stated.

▲ AREA ORIENTATION

Area Orientation (mandatory for newcomers)
Dec. 3 and 4 or Dec. 17 and 18
Wednesday, 7:45 a.m.-2 p.m.
Thursday, 7:45 a.m.-3 p.m.
Reel Times 2 Cinema, Support Site

Cultural Assimilation trips to downtown Naples
Friday, Dec. 5 and 19 | 7:45 a.m.-2:30 p.m.



📍 TRANSITION ASSISTANCE PROGRAM

Must be registered by Command Career Counselor

Pre-Separation Workshop
Monday-Wednesday Dec. 8-10
8 a.m.-4 p.m.

Department of Labor Employment Workshop
Thursday and Friday, Dec. 11 and 12
8 a.m.-4 p.m.

Career and Credential Exploration (Vocational Track)
Monday and Tuesday, Dec. 15 and 16
8 a.m.-4 p.m.

Capstone Event
Wednesday, Dec. 17
9 a.m.-Noon

🏠 FAMILY EMPLOYMENT READINESS PROGRAM

Career Assessment, Exploration and Portability
Thursday, Dec. 18
1-3 p.m.

📍 RELOCATION

Smooth Move
Thursday, Dec. 18
9 a.m.-Noon

*Virtual Class

🌐 INTERCULTURAL RELATIONS

Italian at Lunch time
(basic Italian for beginners)
Tuesday, Dec. 2 and 9 | 11 a.m.-12:30 p.m.
Capodichino FFR Center Conference Room

Easy Italian (beginners)
Tuesday, Dec. 2, 9 and 16 | 10:30 a.m.-12:30 p.m.

Italian Christmas Traditions and Tombola
Wednesday, Dec. 10 | 10 a.m.-12:30 p.m.

Intercultural Relations Trip: Traditional Neapolitan Cooking Class with a Professional Chef
Monday, Dec. 15 | 10:30 a.m.-2:30 p.m.

Italian at Lunch Time (Advanced)
Tuesday, Dec. 16 | 10:30 a.m.-Noon
Capodichino FFR Center Conference Room



👶 NEW PARENT SUPPORT

Breastfeeding: Getting Started
Thursday, Dec. 11 | 1-2:30 p.m.

New Parent Support 101
Wednesday, Dec. 17 | 11 a.m.-Noon
Capodichino FFR Center Conference Room

👶 EXCEPTIONAL FAMILY MEMBER PROGRAM

Command Point of Contact Training*
Thursday, Dec. 4 | 11 a.m.-Noon

Leader Brief*
Thursday, Dec. 11 | 3-4 p.m.

🌿 LIFE SKILLS

Santa's Stress Buster Workshop
Monday, Dec. 8 | 9-10 a.m. or
Wednesday, Dec. 17 | 12:30-1:30 p.m.

Season's Healing: Reducing Holiday Stress
Wednesday, Dec. 10 | 11:30 a.m.-12:30 p.m.
Capodichino FFR Center Conference Room

🏠 OMBUDSMAN PROGRAM

Advanced Training
Tuesday, Dec. 16 | 5-5:30 p.m.
Reel Times 2 Cinema

Ombudsman Assembly
Tuesday, Dec. 16 | 5:30-6:30 p.m.
Reel Times 2 Cinema

👶 SEXUAL ASSAULT PREVENTION AND RESPONSE

Dates and times subject to change

Resident Advisor Training
Tuesday, Dec. 2 | 1-3 p.m.

Administrative Unit Victim Advocate Training
Thursday, Dec. 11 | 1-3 p.m.
Capodichino FFR Center Conference Room

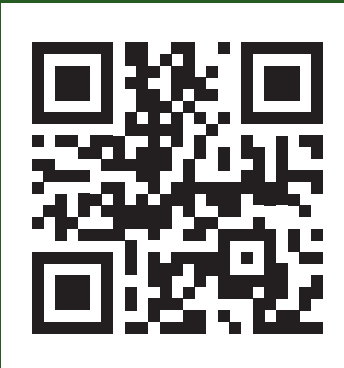
Victim Advocate Refresher Training (CEU)
Tuesday, Dec. 16 | Noon-2 p.m.
Capodichino FFR Center Conference Room

VIRTUAL WORK AND FAMILY LIFE PROGRAMS

The following program currently is being offered virtually. Visit mynavyfamily.com to create an account and access virtual classes and online resources.

💰 PERSONAL FINANCE MANAGEMENT

Scan the QR code below to book a 1:1 consultation with a team member.



To register for a class:

- Call 081-811-6372 | DSN 629-6372
- Email NSANaplesFFSC@us.navy.mil and include the class title, your name, email address, phone number, sponsor's rank and command

