

Support Site Fitness Center

Dance Classes

Winter and Spring Sessions

Ballet

Ballet allows your child to build motor skills, grace and confidence. Children learn basic ballet movements and terminology through ever-changing and interactive class sessions

Tuesday

3-4 p.m. 3-6 years old

4-5 p.m. 7-9 years old

5-6 p.m. 10-17 years old

Friday

4-5 p.m. 3-7 years old

5-6 p.m. 10-17 years old



Modern Dance/Hip-hop

Modern Dance/Hip-hop is a fun and energetic way to improve physical fitness, posture, balance and coordination. Classes encourage kids to learn proper dance technique and develop rhythm and movement.

Monday or Thursday

3-4 p.m. 3-6 years old

4-5 p.m. 7-9 years old

5-6 p.m. 10-17 years old



Classes Jan. 2-May 30 ▪ Classes are one-month sessions. (No class on U.S. holiday.)

\$60 per month, one class per week

\$75 per month, two classes per week.

Registration opens the 15th of each month for the next session.

Register at <https://myffr.navyaims.com> >>



Maximum 20 dancers per class.
For more information, call 081-811-6721 / DSN 629-6721.

