



SEPTEMBER

# FLEET AND FAMILY SUPPORT CENTER

Classes are held at the Fleet and Family Support Center, Bldg. 2072B, Support Site, unless otherwise stated.

## AREA ORIENTATION

**Area Orientation** (mandatory for newcomers)  
Sept. 3 and 4 or Sept. 17 and 18  
Wednesday, 7:45 a.m.-2 p.m.  
Thursday, 7:45 a.m.-3 p.m.  
Reel Times 2 Cinema, Support Site

**Cultural Assimilation trips to downtown Naples**  
Monday, Sept. 8 and 22  
7:45 a.m.-2:30 p.m.  
Monday, Sept. 29  
7:45 a.m.-2:30 p.m. (all ages)

## TRANSITION ASSISTANCE PROGRAM

*Must be registered for TAP workshops by Command Career Counselor.*

**Pre-Separation Workshop**  
Monday-Wednesday, Sept. 15-17  
8 a.m.-4 p.m.

**Department of Labor Employment Workshop**  
Thursday and Friday, Sept. 18 and 19 or Sept. 25 and 26  
8 a.m.-4 p.m.

**Executive TAP Workshop**  
Monday-Wednesday, Sept. 22-24  
8 a.m.-4 p.m.

**Capstone Event**  
Tuesday, Sept. 30  
1-4 p.m.

## SEXUAL ASSAULT PREVENTION AND RESPONSE

*SAPR training and workshops subject to change.*

**Resident Advisor Training**  
Thursday, Sept. 11  
1-3 p.m.  
FFR Conference Room, Capodichino

**Common Mandatory Training**  
Monday, Sept. 15  
Noon-1:30 p.m.

**Victim Advocate Refresher Training (2 CEUs)**  
Wednesday, Sept. 24  
Noon-2 p.m.

## RELOCATION

**Sponsorship Training**  
Thursday, Sept. 25  
9 a.m.-Noon  
Command Conference Center, Capodichino

**\*Virtual class**

## INTERCULTURAL RELATIONS

**Easy Italian** (beginners)  
Tuesday, Sept. 2, 9 and 16  
10:30 a.m.-12:30 p.m.

**Intercultural Relations trip: Wine Cellar Visit and Grape Stomping Experience**  
Thursday, Sept. 11  
9:30 a.m.-2:30 p.m.

**Italian at Lunchtime**  
(basic Italian for beginners)  
Tuesday, Sept. 16 and 23  
11 a.m.-12:30 p.m.  
Capodichino

**Intermediate Italian**  
Tuesday, Sept. 23  
10-11:30 a.m.

**Intermediate Italian at Lunchtime**  
Tuesday, Sept. 30  
11 a.m.-12:30 p.m.  
Capodichino

## EXCEPTIONAL FAMILY MEMBER PROGRAM (EFMP)

**Command Point of Contact Training\***  
Thursday, Sept. 4  
11 a.m.-Noon

**Leadership Brief\***  
Tuesday, Sept. 9  
3-4 p.m.

**EFMP Overview\***  
Wednesday, Sept. 17  
10-11 a.m.

## LIFE SKILLS

**Mind-Body Mental Fitness: Stress Resiliency**  
Wednesday, Sept. 10  
11 a.m.-12:30 p.m.  
Capodichino

**Mind-Body Mental Fitness: Mindfulness and Meditation**  
Wednesday, Sept. 17  
11 a.m.-12:30 p.m.  
Capodichino

## FAMILY READINESS

**Ombudsman Appreciation Luncheon**  
Friday, Sept. 12  
Noon-3 p.m.

## FAMILY EMPLOYMENT READINESS PROGRAM

**LinkedIn Profiles Workshop**  
Thursday, Sept. 11  
9-11 a.m.

**LinkedIn Job Search Workshop**  
Thursday, Sept. 11  
11:30 a.m.-1:30 p.m.

## VIRTUAL WORK AND FAMILY LIFE PROGRAMS

Additional programs are being offered virtually. Visit [mynavyfamily.com](https://mynavyfamily.com) to create an account and access virtual classes and online resources.

### LIFE SKILLS

### PERSONAL FINANCE MANAGEMENT

### FAMILY EMPLOYMENT READINESS PROGRAM

Scan the QR code below to book a 1:1 consultation with a team member.

VIRTUAL WORK and FAMILY LIFE PROGRAM

Book a Free 1:1 Consultation with a team member today

Scan for email



To register for a class:

- Call 081-811-6372 | DSN 629-6372
- Email [NSANaplesFFSC@us.navy.mil](mailto:NSANaplesFFSC@us.navy.mil) and include the class title, your name, email address, phone number, sponsor's rank and command.

