



FFSC HIGHLIGHTS

OCTOBER 2026



DOMESTIC VIOLENCE AWARENESS MONTH

EVENTS SPOTLIGHT

WARNING SIGN WEDNESDAYS-

Each class a different topic open to all, helping recognize unhealthy patterns.

WEAR PURPLE THURSDAYS-

Show your support, wear purple for a purpose. Purple symbolizes peace, courage, survival, & commitment to ending relationship violence.

LEADERSHIP LUNCH + LEARN FRIDAYS-

Lunchtime briefs to help leaders recognize signs and connect to support

FUN RELATIONSHIP EVENTS-

Improve communication, Zumba, painting and virtual 10K!!

SEE DOMESTIC VIOLENCE AWARENESS MONTH
FLYER ON FFSC FACEBOOK FOR MORE DETAILS

EFMP | Exceptional Family Member Program MONTH

WEEKLY THEMES

WK. 1 - EMPOWERMENT

Discover your strengths and advocate with confidence

WK. 2 - KNOWLEDGE

Learn about helpful resources to navigate the system

WK. 3 - MOVEMENT

Get active have fun, focus of physical wellness

WK. 4 - CREATIVITY

Express yourself through art, music, and imagination

WK. 5 - COMMUNITY

Build lasting connections and support as a caregiver

SEE FLYER ON FFSC FACEBOOK FOR MORE INFO. SECURE
YOUR SPOT! Call +39 081-811-6372 or e-mail
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SUPPORT ♥ RESOURCES ♥ CONNECTION