## **FLEET AND FAMILY SUPPORT CENTER NSA NAPLES**



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AREA ORIENTATION (AO)	DATE	TIME
Base Area Orientation (Mandatory for Newcomers)	June 5-6, 26-27	
Day 1 & 2 AO Support Site Theater	Wed: 1200-1630	Thur: 0800-1630
Day 3 Cultural Assimilation Trip to Downtown Naples	Friday: June 7, 28	0800-1430
<b>Day 3 Cultural Assimilation Trip to Downtown Naples (all ages)</b>	Mon June 24	0800-1400
INTERCULTURAL RELATIONS (ICR)		
Italian at Lunch (Italian language for beginners) @Capo	June 3, 10, 17	1100-1200
Easy Italian (Italian language for beginners)	June 4, 11, 18	1030-1230
Italian Social Etiquette	June 6	<b>1100-1230</b>
Driving in Italy	June 12	1000-1130
Trip to: Vesuvian Villas	June 14	0900-1400
Advanced Italian	June 20	1100-1230
RELOCATION		
Sponsorship Training	June 13	0900-1200
Smooth Move	June 27	0900-1200
LIFE SKILLS		
Coupon Party	June 7	1300-1500
Stress & Resiliency *(Virtual)	June 11	1000-1100
Mindfulness & Meditation @ Capo	June 18	1000-1100
Living Core Values *(Virtual)	June 25	1000-1100
FAMILY READINESS PROGRAM		
Ombudsman Basic Training (OBT)	June 4-6	0830-1530
Ombudsman Assembly Meeting	June 18	1700-1830
Deployment Readiness Brief *(Virtual)	June 24	0900-1100
American Red Cross Volunteer Orientation	June 25	1130-1200
TRANSITION ASSISTANCE PROGRAM		
Preparing for Capstone @ Capo	June 6	1100-1300
(TAP) Pre-Separation Workshop	June 10-12	0800-1600
(TAP) Department of Labor Employment Workshop	June 13-14	0800-1600
(TAP) Capstone Event	June 18	0900-1200
Career and Credential Exploration (C2E)	June 24-25	0800-1600
FAMILY EMPLOYMENT PROGRAM		
Professional Networking Expo	June 5	1000-1200
Job Search Strategies *(Virtual)	June 12	1000-1200
Effective Resume Writing	June 20	1000-1300
USAJobs 101*(Virtual)	June 21	1100-1400
Interview Skills	June 24	1300-1500
PERSONAL FINANCE		
Promotion Financial Brief *(Virtual)	June 3	1130 -1230
First Duty Station Financial Brief	June 3	1400-1600
PCS Financial Brief *(Virtual)	June 12	1130-1230
Entitlement to Continuation Pay *(Virtual)	June 13	1200-1300
Say Arrivederci to the Barracks @ Capo	June 17	0830-1000
Promotion Financial Brief @ Capo	June 17	1130-1230
Understanding Your TSP @ Capo	June 17	1330-1500
Pre-Deployment Financial Brief *(Virtual)	June 24	1400-1500
EXCEPTIONAL FAMILY MEMBER		
EFMP Command POC Training	June 6	1100-1200
Navigating EFMP for Family Members	June 11	1430-1530
Healthy Caregiving for Families with Special Needs	June 12	1130-1230
Family Connections: EFMP Family Support Network	June 27	1300-1430



To register, call or email FFSC: 081-811-6372, DSN 629-6372, NSANaplesFFSC@us.navy.mil Please include name, email address, phone number, and sponsor's rank/command. Visit @NaplesFFSC on Facebook for more information. \*Classes are in-person except where noted with an \*(Virtual)